Amanda Crockett

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Summary of Skills

Talented performer with over 25 years of experience working in the visual and performing arts industry. Significant expertise in performing, teaching, one-on-one/group coaching and building stage presence for every level from novice to experienced performers. Highly trained in physical theater, circus arts techniques, mobility, conditioning, flexibility, injury prevention and circus rigging. Extremely adaptable professional who is amendable to a variety of work environments, accommodating to any work style, and a true team player.

Objectives

- Seeking to channel the resourcefulness, creativity and drive that has sustained me as a freelance artist into helping students gain physical skill, a sense of invention and the ability to do more creatively and physically than they previously thought possible.
- Work in a setting that allows for teaching, coaching and building on the performing skill set honed over 28 years.
- Support new work and develop the next generation of professionals in the performing arts
- Utilize circus arts as a tool to help students develop creativity, teamwork, communication skills and a spirit of play
- Make significant contributions to the field of education in performing arts and work with colleagues that support my own professional development.

Coaching Experience, Circus Arts

For over 20 years, I have taught circus arts to all ages and all levels of experience across North and South America. Notably, my teaching ability is not restricted to one genre of circus discipline; I teach aerials, ground acrobatics, tumbling, juggling, stilt walking, clown and equilibristics.

Actors Gymnasium, Chicago, IL

2016-present

 Instruct Professional Training Program Students in static trapeze, tumbling, hand stands, partner acrobatics, mime, juggling, body mechanics, conditioning and flexibility. Classes aimed at launching a career in circus and physical performance.

Aloft Loft, Chicago, IL	2009-present
 Expert trainer for both Full Time Training Program and recreational students, 	
including one-on-one and group sessions for novice, intermediary-level and	
professional-level performers.	
 Master trainer in hat manipulation, static trapeze, swinging trapeze, 	
tumbling, hand balancing, juggling, act development, acrobatics, swinging	
trapeze, body mechanics, conditioning and flexibility	
 Consulted for coaching throughout the school's instructors 	
 Coach and consultant for Teacher Training Program, a required course for all 	
prospective teachers and coaches at Aloft Loft.	
Sky Candy, Austin, TX	2012
 Lead intermediate and advanced level static trapeze workshops 	
Barrow Circus, Barrow, AK	2011, '12
 Taught static trapeze, balance, juggling and acrobatics in the Arctic Circle 	
CircEsteem, Chicago, IL	2011
 Taught juggling, static trapeze and acrobatics to youth ages 5-18 from 	
Chicago and surrounding suburbs	
Le Studio, Los Angeles, CA	2009
Trained youth troupe in static trapeze	
Wise Fool New Mexico, Santa Fe, NM	2003-'09
 Taught recreational classes in static trapeze, juggling and acrobatics 	
Versatile Arts, Seattle, WA	2008
 Lead a special workshop in comedy trapeze for students from around 	
Washington state	
San Francisco School of Circus Arts	2006
Trained students in static trapeze	
The Clown Conservatory, San Francisco, CA	2006
 Instructed Conservatory students seeking a career in circus in juggling and acrobatics 	
Española Valley Public Schools, Española, NM	2005
 Taught tumbling and acrobatics as a means to promote physical fitness in 	
elementary school students	

Miami Performing Arts Center, Miami, FL

2004, '05

- Developed and implemented curriculum
- Taught six week residencies at local schools, community centers and homeless shelters
- Instructed students in juggling, clown and acrobatics
- Co-directed final show, bringing together hundreds of youth from all around
 Miami to perform together

The Learning Center for the Deaf, Framingham, MA

2002

• Taught circus arts to deaf students

Circus Smirkus Touring Troupe, Greensboro, VT

2001

Trained touring artist in juggling

Teaching Experience, Clown & Physical Theater

Teaching in different parts of the world with different languages and cultures while simultaneously creating and performing, I have developed a unique style of teaching physical theater, physical comedy and clown.

Aloft Loft, Chicago, IL 2014-present

- Lead weekly physical theater and clown classes to recreational students aimed at providing base-level experience for those interested in the field
- Developed and ran nine month, bi-weekly physical theater class to Full-Time
 Training Program students aimed at launching a career in circus and physical
 performance. Responsible for managing ten staff schedules and setting
 education trajectory for 15 students.

Madison Circus Space, Madison, WI

2016

Taught clown and physical comedy workshop

Second City, Chicago, IL

2012, 2016

- Lead physical comedy workshop for Conservatory students seeking a career in comedy and improvisation.
- Instructed ongoing clown classes in youth program

American Youth Circus Organization Annual Festival, Portland, Maine

2016

 Lead mime and physical comedy workshops for youth circus students and circus coaches from around the US.

2009

Sitka Residency, Sitka, AK 2012 Taught a two week residency in storytelling and physical theater in Sitka elementary and middle schools Taught a professional development workshop for local teachers aimed at providing alternative ways to teach storytelling, communication and teamwork in the classroom. • Developed curriculum for the residency • Created and performed two shows for the students Sitka Fine Arts Camp, Sitka, AK 2011, '12 Taught mime, clown and acrobatics to middle school students • Conducted adults classes in static trapeze and acrobatics Kendall Elementary Residency, Naperville, IL 2011 • Instructed a two day residency teaching teamwork, movement and spatial awareness to 600 elementary school students Developed residency curriculum Performed a twenty minute solo show Festival Mímame, Medellin, Colombia 2011 Invited to lead an intensive, five day master class in physical theater focused on linking circus technique with story and character Anjos do Picadiero, Rio de Janiero, Brazil 2010 Invited as master teacher to lead a three day, intensive physical theater workshop for students from around South America, Central America, North America and Europe.

Directing and Choreography

Flying Actors Studio, San Francisco, CA

seeking a career in physical theater

With almost 30 years of performance experience, I have developed an instinctual sense of what works onstage, and what can be adjusted to make for a more memorable moment with an audience. My fascination with and study of human movement has allowed me to dissect technique to give specific cues to students to help them succeed.

Taught physical theater, mime and acrobatics to physical theater students

Act Development, Private Students	2010-present
 Directed, choreographed and detailed circus acts 	
 Worked with students to hone character, musicality, theatricality, technique, sequencing and performance preparation 	
Director, Actors Gymnasium	2016
Directed and curated Circus in Progress	
Choreography, Cirque du Soleil	2013
 Self-choreographed hat juggling sequence that was subsequently added into Michael Jackson ONE 	
Director of Circus Acts, Wise Fool New Mexico	2004

Productions

My great fortune has been to perform around the world. Whether it be for children in Juarez, Mexico with Clowns Without Borders, for Cirque du Soleil in Las Vegas, or for the Count and Countess of Vienna in Venice, Italy, each experience has been unique, educational and noteworthy.

Actors Gymnasium, Quest, Evanston, IL	2017
Directed by Leslie Buxbaum Danzig	
 Acting, hat juggling, static trapeze and acrobatics 	
Circus Flora, Pastime, St. Louis, MO	2016
Directed by Cecil Mackinnon	
 Clown, comedy trapeze and comedy hat juggling 	
International Juggler's Association Festival, Cascade of Stars, El Paso, TX	2016
 Headlined show with my comedy hat juggling act 	
Circus Flora, A Winter Fable, St. Louis, MO	2015
Directed by Cecil Mackinnon	
 Clown, comedy trapeze and comedy hat juggling 	
Chicago Contemporary Circus Festival, Third Coast Cabaret, Chicago, IL	2014
Comedy hat juggling	
Cirque du Soleil, Michael Jackson ONE, Las Vegas, NV	2012-'14

• Principal Character and hat juggling

Directed by Jamie King

• Oversaw all circus acts for Circus Luminous

Zany Umbrella Circus, Cleveland, OH & Pittsburg, PA	2012
Directed by Ben Sota	
Comedy trapeze and comedy hat juggling	
Magic, Mischief and Mayhem, Tracy, CA	2012
Directed by Greg Frisbee	
Comedy trapeze and comedy hat juggling	
Austin Juggling Festival	2012
Comedy hat juggling	
Nanjing Acrobatic Clown Festival, Nanjing, China	2011
Comedy trapeze	
Festival Mímame, Going Up, Medellin, Colombia	2011
Solo show encompassing comedy, hat manipulation, mime, audience	
participation and trapeze	
Medora Musical, The Circus Princess, Medora, ND	2011
Clown and comedy trapeze	
Anjos do Picadiero, Rio de Janiero, Brazil	2010
Comedy trapeze	
Krystallpalast Variete, Je T'aime, Leipzig, Germany	2010
Directed by Maxim Bauer	
Comedy trapeze and character	
Celebration Barn Theater, South Paris, ME	2010
 Comedy trapeze, comedy hat juggling and mime 	
Mary Bijou Cabaret, Cardiff, Wales	2010
 Comedy trapeze and comedy hat juggling 	
El Circo Cheapo Cabaret, US tour	2010
 Comedy hat juggling, comedy trapeze and duo aerial frame 	
Moisture Festival, Seattle, WA	2009, '10
 Comedy trapeze, comedy hat juggling and duo aerial frame 	
Stonington Opera House	2009
 Comedy trapeze, comedy hat juggling and mime 	200-
Wise Fool New Mexico, Flexion, US tour	2008
Directed by David Clarkson	

• Stilt acrobatics and aerials

AEMI International Clown Festival, Hangzhou, China	2008
Clown and comedy hat juggling	
Moscow International Circus, US tour	2008
Aerial silks	
Phyzgig Festival of Physical Comedy, Portland, ME	2007, '08
Directed by Avner Eisenberg	
 Comedy trapeze and comedy hat juggling 	
The Lensic, Circus Luminous, Santa Fe, NM	2006, '07, '08
 Duo trapeze, swinging trapeze, acrobatics, pin passing, hat juggling, clown and character 	
Kimtom International Clown Festival, Shanghai, China	2007
Comedy trapeze and comedy hat juggling	
Clowns Without Borders, Juarez, Mexico	2005
 Hat juggling, stilt dancing, clown and puppetry 	
 Taught workshop to local kids in conjunction with performance 	
Aspen/Santa Fe Ballet, The Nutcracker, Aspen, CO	2005
Acting, rolling globe and stilt walking	
Angel Exit Theater Company, Master Shuttlefate, Santa Fe, NM	2005
• Acting	
Gentse Feesten, Ghent, Belgium	2004
 Partner acrobatics, pin passing and fire juggling 	
Edinburgh Fringe Festival, Edinburgh, Scotland	2004
 Partner acrobatics, pin passing and fire juggling 	
National Circus Festival, Tasmania, Australia	2003
Character trapeze	
Midnight Circus, Haunted Hijinks, Chicago, IL	2000, '01, '02
 Swinging trapeze, pin passing, acrobatics, duo trapeze and character 	
Midnight Circus, Flower Thieves, Chicago, IL	2001
Company member from 1999-'02	
 Acting, swinging trapeze, acrobatics and pin passing 	
La Bauta, Song of the Road, Venice, Italy	2001
Static trapeze	

Circus Smirkus, US tours

1997, '98, '99

Juggling, acrobatics, pin passing, aerial cradle, hat manipulation, Chinese
 Pole and stilt dancing

TV and Commercials

Dastardly, Dirtnap 2012

Featured

WGN-TV, The Bozo Show 2000

Self, Trapeze

The Disney Channel, Totally Circus 1999

• Self (reality)

Related Experience

Outside of teaching and performing, I have had the opportunity to take on managerial roles. This breadth of experience has helped me communicate with students, producers, directors and colleagues around the world, and broadened my knowledge of the arts industry, thereby strengthening my ability to work within it.

Program Director, Aloft Circus Arts

2015-'16

- Created yearly plan for coaches and students
- Implemented core curriculum
- Oversaw teaching staff

Group Fitness Instructor, Rock Solid Health

2015-'16

 Lead group fitness classes for adults focused on increased mobility, strength, coordination and cardio vascular conditioning

Professional Artist 1999-present

- Toured nationally and internationally for 17 years
- Maintained peak physical condition (sustaining 10 shows/week with Cirque du Soleil)
- Created and distributed promotional material
- Acted as my own agent, negotiating contracts and schedules with companies on 5 continents

2000-'01

Co-Founder, National Circus Performer's Gathering	2004, '05
Conceived of co-produced 2004 event	
 Co-sponsored 2005 gathering, attracting artists from around the country 	
Education	
Dell'Arte International School of Physical Theater, Blue Lake, CA	Certificate, 1999
 A full-time, intensive training program focusing on acting, movement, 	
mime, dance, improvisation, clown and Commedia Dell'Arte	
Barnard College, New York, NY	1997-'98
 Studied theater and dance for one year before deciding to pursue more 	
intensive theatrical training.	
Training	
Keith Johnstone	2010
 Week long, intensive improvisation workshop 	
Helene Turcotte	2009
Trained one-on-one in static trapeze	
Avner Eisenberg and Julie Goell	2007
 Ten day, intensive physical comedy workshop 	
San Francisco Circus Center	2006
 Trained full-time in tumbling, hand balancing, trampoline, static trapeze and flexibility 	
Serenity Smith	2003
 Intensive training in static and swinging trapeze 	
Rodleigh Stevens	2003-'04
 Intensive training in static, duo, swinging and flying trapeze 	
Nyangar Batabataar	2000-'02
 Training in swinging and static trapeze, tumbling, group acrobatics, 	
teeterboard, hand balancing and aerial cradle	

Lakeshore Gymnastics Academy

• Weekly tumbling classes with Arcadie Andrioushenko

Circus Smirkus	1997-'99
 Trained in juggling, tumbling, partner acrobatics, Chinese Pole, static trapeze, clown, hand balancing and cradle 	
Tony Montanaro	2005
Five day, intensive mime workshop	
Professional Development	
National Academy of Sports Medicine	2014, '16
Certified Personal Trainer	
Performance Enhancement Specialist certification	
CPR/AED Certification	2014, '16
John Towsen	2015
Physical Comedy Workshop	
College of Southern Nevada	2013
 Nutrition for Sports Performance course 	
Asylum Stunts	2010
 Choreographed fights, high falls, kicks, hits and dives 	
David Clarkson	2003, '09
 Three day intensive stilt acrobatics workshop 	
American Youth Circus Organization Educators Conference on Social Circus	2006
 Five days of training in social circus with Cirque du Monde (Cirque du Soleil's social circus branch) and educators from around the US 	
American Youth Circus Organization, Teachers Gathering	2005
 Lecture by Reg Bolton: The Six Essential Needs of Childhood and Circus 	
 Lecture by Hovey Burgess and Judy Finelli: Teaching Teachers How to Teach Juggling 	
 Workshops with Carrie Heller: Circus Arts Therapy, Aerial Spotting Techniques 	
 Workshop with Warren Bacon: Splicing and Terminations 	
 Lecture by Donna Wood-Babcock: Social Circus 	
Santa Fe Community College	2005
• Voice	
Moshe Cohen	2004, '05
Three day, intensive clown workshop	

Elsie Smith	2003
Injury Prevention	
Trapeze Teachers Workshop	
Publications and Presentations	
Circus NOW	2015
 Guest participant in a webinar entitled Pros on Going Pro 	
Circus NOW	2015
 Invited guest presenter on the Queer Circus Panel at the Chicago 	
Contemporary Circus Festival	
Spectacle Magazine	2004
 Contributed an article about Women's Circuses and all-female Circus 	
Festivals around the world	
Spectacle Magazine	2003
 Contributed an article about the first National Circus Gathering the US, which 	
was inspired by the Australian National Circus Festival	
Spectacle Magazine	
 Contributed an article about the National Circus Festival in Tasmania, 	2003
Australia and the Australian circus community's distinct creative voice	